Dear unattached Mama in the prime of your life...

## You're only 3 months away from rich relationships and finances

Do you want a more connected and abundant life, yet you're not sure how to make that happen?

Do you see your kids' heads bent over a glowing screen, more than you see the whites of their eyes?

Do you feel sometimes - even with your busy schedule - lonely?

Are you thinking, "Wait a second... I have a *lot* more life and love to experience. I'm not ready to pack it in!"

#### It's NOT YOUR FAULT!

Hi – I'm Val Hemminger and I show unattached Mamas how to improve their relationships, achieve financial abundance, and experience everlasting joy.

I'm here to help you unlock breakthrough results... using methods I've uncovered during two decades of practicing family law.



Val Hemminger

That's right – I'm a family lawyer. For 22 years I've been battling biases... conquering courtroom connivers... and wrestling wrongs until they're right.

You can find me in court once or twice every week... including two or three Supreme Court trials a year, plus many interim applications. I also do tons of mediation work and settlement meetings with my clients and other opposing lawyers and their clients... mostly hearing about happy families being split apart by finances, philandering and addiction.

Despite having been to hell and come back in my business, I've chosen to live and be abundant... even though the facts – my interpretations – may seem different to others.

Precisely because I am so good at my job, I watch newly-single women try to pick their paths through unfamiliar terrain. Wanting to help them got me thinking...

Remember how Oprah switched from trying to out-Springer Jerry Springer... to broadcasting only hope and love? Well this legal lady has chosen to help women grow joyfully abundant, by showing them how to improve their relationships, finances and overall feelings of well-being.

# My greatest wish is for you to have the freedom and joy I experience every day.

Spend 90 days with me and transform your life... move from feeling stressed and lonely... into abundant relationships, abundant finances and abundant joy.

### Let me show you how...

Having everything you want from your relationships and finances isn't rocket surgery.

Like almost anything, if you take a bit of time to learn a few simple and proven secrets, the rest is ridiculously easy.

Apply below and when you meet the requirements, I'll teach you step-by-step, repeatable techniques I've used to become the beloved leader of my family and an economic whirlwind.

Let me teach you tactics that will run right past the fear, uncertainty and doubt that sets in every time you wonder why your life isn't going the way you thought it would.

Armed with your personalized plan, together we'll transform your relationships, finances and wellbeing into your dream life of abundance.

### Give me 90 days with you and...

Go from being what society considers *a lonely middle-aged woman* to an amazingly powerful *Mama in her prime* who's completely connected with those she loves.

When we're deeply connected with our loved ones, it's easier for us to create all the things we want...

- That new relationship
- Financial stability and abundance
- That body we've been hoping for that's eluding us.

Does that seem miraculous?

### Well I know miracles happen, because...

I've made them happen for me. Let's create your miraculous life together!

It all starts right here...

Your Abundant Family Village Course comes complete with all modules, downloads, and resources necessary to set your course for abundance in the rest of your life.

See the Modules and Lessons for the Your Abundant Family Village Course right here:

### Module 1: Your Identity – Be-ing the Powerful Woman and Matriarch that you are

- **Lesson 1: Embrace Being the Leader of Your Family**
- Lesson 2: Shift Your Identity to Being the Leading Matriarch
- **Lesson 3: How to Change Your Identity Powerfully**
- Lesson 4: How to Tune into Making Your Life and Relationships Crazily Abundant Right Now... without Waiting Another Second
- Lesson 5: The Most Powerful and Life-Changing Skill You Will Ever Know

### **Lesson 6: Go Beyond Your Comfort Zone**

Why going beyond your comfort zone is important... not just for you, but also for your family.

How to nurture current family & friend relationships and establish new ones.

Doing something new: When a baby falls down, she doesn't feel like a failure. That's because there is no such thing as failure – only more information.

Your Family Wisdom Resource: Samples of Family Values

Your Family Village Wisdom Download

Homework: Create a list of family values and post it and tell us about it.

#### Module 2: You & Your Vision for Your Created Family Village

**Lesson 1: Why the Nuclear Family Model Sucks** 

Lesson 2: Design Your Life & Relationships Like You'd Design Your Dream Home

Lesson 3: If You Don't Have Religion, Find Your Tribe

**Lesson 4: Grow Your Abundant Family Village** 

### Module 3: Life Skills & Building Relationships

**Lesson 1: Never Waste a Trip** 

**Lesson 2: Automate and Delete** 

Lesson 3: A Minimalistic Life

Lesson 4: Kill Procrastination - The 10 Minute Rule

**Lesson 5: Take the Friendship Rule** 

### Module 4: Communication & Avoiding the Destructive Art of Distraction

#### **Lesson 1: Being Present**

Why being present is important for your family relationships

### Lesson 2: Value of validation (how to talk so kids so your kids will listen)

What is value of validation and why it's important for your family

Story - what didn't work then, what works now

Seeing another point of view

### **Lesson 3: The 5 Love Languages**

The 5 Love Languages explained

Story -- The Five Love Languages for all family members

Our Family Village Wisdom Download: Questionnaire for your family members' love languages

Homework: work through the Questionnaire with each family member. Write down in your Village Journal each family member's love language, so you can think about doing things with them that speak to their love language.

### Module 5: Structures That Help You Create Your Abundant Family Village

### Lesson 1: Hygge & Ghazelligh

Lesson 2: Physical Structures inform how people behave.

Why physical structures matter for your family village.

Mary and Julian and Neil

Townhouses that point inwards instead of outwards

Co-housing

### Lesson 3: Work environment (communities work well together)

The water cooler conversation counts

How making lunches makes us visit

Our Friday lunches

### Module 6: Activities That Grow Your Abundant Family Village

### **Lesson 1: The art of the recurring date**

Keep all appointments they way you keep a doctor appointment

### **Lesson 2: Eating together**

Clean up and prep too

#### **Lesson 3: Specific Activities List**

Canning together

Traveling together

### Module 7: Your Abundant Family Village - Life & Relationships

### **Lesson 1: Bringing it all together**

Delegation: Make it your Super Power

How to use this as an opportunity for connection (with a story from a special guest)

Resources: Your Family Village Suggested Activities List

### You also get nine 60-minute <u>personal</u> coaching calls with me.

You'll hear and see me, via Zoom.

Each call is recorded and delivered for you to review as often as you wish. You'll pick up new information each time you re-listen.

How do I know that? Because you can't learn every detail from the live call. Re-watching and re-listening will cement the principles into your brain, so you'll acquire the information faster and retain it longer.

**Your personal coaching calls are PRIVATE** – between you and me only. Ask me anything about your relationships or finances, safely knowing it won't go any farther than my ears and brain. How can you be sure?

Remember on TV that thing known as Attorney-Client privilege? It means whatever a client tells me is protected.

**Although I'm not acting as your lawyer**, keeping your knowledge private is what I've been doing for over two decades, making it naturally easy for me to maintain your privacy. I take your privacy SERIOUSLY. Few coaches can provide you with that level of commitment.

#### You also receive these Bonuses...

- Connection Calendar
- Monthly Challenge around each module
- Monthly group coaching call with Val
- Habits of the successful person
- Other Resources to make you Healthier, Happier and Help you Create Your Community and Extended Family

### Together you and I will create the foundation of your fabulous life – in 90 days.

Now it's obvious that you're realizing you need to improve your relationships with family and friends to have the life of your dreams.

It's equally obvious that you haven't yet acquired exactly what will reward you with the promise of abundance – abundance you've always known deep down is yours to enjoy.

Sooner or later you'll tire of children merely tolerating you – or worse, ignoring you – while financial security continues to evade your grasp.

The fact that you're still reading means that you <u>want</u> to improve your relationships... you <u>want</u> financial abundance... and you <u>want</u> to feel joy all the time.

Your investment in a life of rich relationships and finances is only three easy monthly payments of \$999.

Click Here Now and let's create your new life.

I'm eager to watch <u>the real you</u> emerge... and become the powerful, amazing, abundant Mama you and I both know you are.

Click here now and let's get started